



HOME CARE PACKAGES

Positive Ageing Support

We use our local knowledge to help older people find and use health, home and lifestyle services in their community.

Contact us if you, a family member or someone you know requires more information about our Home Care Package program.

- Approved Home Care Package provider
- Community-focused and proudly not-for-profit
- Over 40 years serving the Sunbury and Macedon Ranges communities
- Person-centred care



5421 6061



hcp@scchc.org.au



12-28 Macedon Street, Sunbury
1 Caroline Chisholm Drive, Kyneton
142 Main Street, Romsey

Local knowledge,
local connections and
over 40 years' experience



SUNBURY
COBAW  **COMMUNITY**
HEALTH

Support to live your way, in your home

The Home Care Packages program is a Government funded program which supports people 65 years or older (50 years or older for Aboriginal or Torres Strait Islander people) who wish to stay living at home.

A Home Care Package provides supports and services for you to continue to live safely and independently within your home and community.

- **Help with housework**
- **Help to shower**
- **Social support/respite**
- **Transport**
- **Shopping**
- **Gardening**
- **Meal Preparation**
- **Subsidised delivered meals**
- **Occupational therapy**
- **Physiotherapy**
- **Podiatry**
- **Exercise groups**

Our Home Care Package program

As a Home Care Package provider, we will work with you to develop a care plan just for you by asking about how you would like to live, the things you would like to be able to do, your care needs and what is important to you.

Your care plan can include a combination of services. Just as you can choose your package provider, you also have a say in who delivers the services.

The program is to support you living at home using your approved Home Care Package funds.

If you would like Sunbury and Cobaw Community Health to be your Home Care Package provider, call us on 5421 6061.

How to get a Home Care Package

Call My Aged Care 1800 200 422 or visit www.myagedcare.gov.au

If you need an interpreter, call the Translating and Interpreting Service 131 450.

If you have a hearing or speech impairment, call the National Relay Service 1800 555 677.

When you speak with My Aged Care they will ask you about what you do well and what you feel you need help with. They will refer you on for further assessment.

After your assessment, you will receive a letter from My Aged Care. The letter will tell you whether you have been approved for a Home Care Package or whether you are able to access other services. It will include information on what to do next.

Questions?

If you have questions about our Home Care Packages program, contact us: 5421 6061 or hcp@scchc.org.au

Sunbury Cobaw Community Health is community focused and proudly not-for-profit

We offer person-centred care

With a Home Care Package, you have choice over what services you get, where and when you get them and who you get them from