

Service Locations

Appointments can be via telehealth or we can see you in person at the following sites:

- 12–28 Macedon Street, Sunbury
- 1 Caroline Chisholm Drive, Kyneton

Please call 9744 4455 (Sunbury) or 5421 1666 (Kyneton) for more information or email us at admin@scchc.org.au.

Contact Us

☎ 5421 1666 - Kyneton/Romsey
9744 4455 - Sunbury
5421 1680 - Woodend

✉ admin@scchc.org.au

🌐 www.sunburycobaw.org.au

📞 5422 2161

📍 1 Caroline Chisholm Drive, Kyneton
142 Main Street, Romsey
12-28 Macedon Street, Sunbury
49 Forest Street, Woodend

Dietetics



Dietetics

What does a dietitian do?

Dietitians are food experts who can teach you how to eat the right foods for you, especially if you have health goals or are living with a disease or condition.



A dietitian can help you with:

- Positive eating habits that can fit into your life
- A realistic plan that suits your individual needs
- Seeing you one-on-one, as a family or as part of a group
- Guiding you through the supermarket to help you make informed food choices
- Diabetes (type 1 and type 2)
- Heart health, high blood pressure and cholesterol
- Unintentional weight loss or loss of appetite
- Weight management
- Stomach and gut issues such as heartburn, stomach aches, bloating, constipation and diarrhoea

